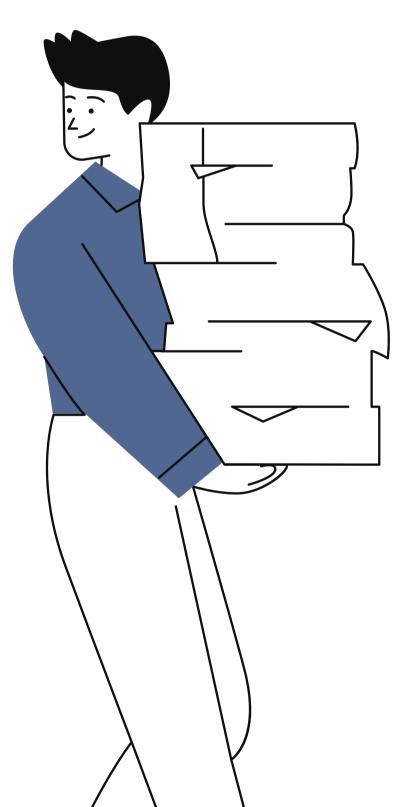


Guide for your mobility



Everything you need to know before you do moving.







- 1 Before choosing a destination
- Once the destination has been chosen
- Recommendations before travelling
- 4 When you arrive at your destination



## Before choosing a destination

- Attend meetings or information sessions organised by your university. You will get to know the main characteristics of your mobility programme and meet other students who are in the same situation as you.
- Documentation and deadlines. It is very important that you know the deadlines for applying for your mobility and prepare all the required documentation.

  Always talk to your tutor for each destination before applying. You should also inform yourself about the amount of grant you will receive monthly (the International Relations service will help you).
- Research all available destinations. We recommend that you research the available destinations to find out information about the cost of living in the city, the prices of accommodation, the language, the way you are going to travel (train, plane, car, etc.). The tutor at each destination can provide you with valuable information in this regard.



## Once the destination has been chosen





1

If you are selected, accept
your host university within
the established period.
Afterwards, you will sign the
Learning Agreement with the
help of your Erasmus tutor.

2

Apply for your **European Health Insurance Card**(EHIC) free of charge.

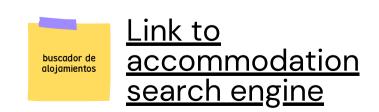
3

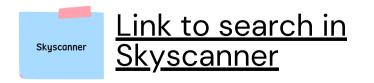
Compare all available
accommodation for
students in the destination
city. Erasmus Play will help
you to do it for free.



We recommend booking
the flight when you are
sure that the mobility will
finally take place and you
know the day of it.







#### Recommendations before travelling

If your language level is low, practice it before you arrive

Depending on the country you come from, the plugs are different. Take an adapter for your devices. Make sure you have a valid ID and/or passport. It is also important that it does not expire during your mobility

Get a bank account or card that does not charge you commissions when withdrawing money in your destination country

If you have to make several combinations (trains, flights, etc.) make sure you check the timetables and book your tickets.

Find out what the weather is like at your destination to pack your suitcase. There are compression bags so that you can pack much more clothes and not check in 2 suitcases on the plane.





#### Arrival at the destination!

### This is where the fun begins! Start your experience

In the next slide, we give you some very useful tips to make your arrival more pleasant.



Request a certificate of arrival

Make sure that you your subjects do not overlap

Modify the Learning Agreement if necessary

Keeps
important
documents
in a folder

Attend the welcome week to get to know the University

Find out about the type of assessment and examination dates for each subject

Some faculties offer FREE courses in the official language. Take the opportunity

Plan your weekly class calendar Discover the city as soon as possible to locate yourself

Find out about **public transport, student discounts,** etc. Locates the services of first necessity (commercial centres, feeding, hospitals, etc.)



of arrival





# Universidad de Zaragoza

We collaborate with Erasmus Play so that all students of our University can use their **university** accommodation search engine and comparison site in Europe, completely free of charge.

Select the destination and dates

Compare the accommodations of many websites

Book verified accommodation with total security

Access the platform by clicking on me!